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ZEN
edition

Basho's Pond, photo Jane Spray

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EDITORIAL

Welcome to issue 43 of the Journal. This edition explores the divide and crossover between the personal and the social, the need we have to both explore our personal internal worlds and to feel our work is linked to, and benefits, the wider social or ecological context. As in our life generally the articles move back and forth between inner and outer worlds, the one enriching the other.

So Jane Spray introduces her time in a highly focused Zen retreat where the intense absorption in one tiny object leads to greater and greater awareness of the whole of which it is a part. Anne-Marie Culhane explores her journey dancing between inner and outer worlds, searching to communicate and share both the abundance of her imagination and the abundance of the earth. Jason Hawke looks at a long-term process of building a living community that empowers individuals and minimises the resources used. Finally, Tam Giles writes about the fusion of art, ecology and social action, exploring among other things the work of Helen and Newton Harrison. Personal vision leads to action and action increases personal vision. You want to change the world? In your dreams! Indeed, without those dreams there will be no new realities.

Jeff Higley